

If you're taking opioids for chronic non-cancer pain

**GO WITH IT**

# Don't stop for constipation Go with Symproic<sup>®</sup>

- ✓ **More frequently**
- ✓ **More completely**
- ✓ **Without straining**

Results from clinical studies compared with placebo (sugar pill).

Individual results may vary.



## What is SYMPROIC?

SYMPROIC is a prescription medicine used to treat constipation that is caused by prescription pain medicines called opioids in adults with long-lasting (chronic) pain that is not caused by active cancer.

It is not known if SYMPROIC is safe and effective in children.

**Please see Medication Guide on pages 10-11.**

**Please see full Prescribing Information in pocket.**

# What is opioid-induced constipation?

Opioid-induced constipation (OIC), or constipation due to opioid therapy, is a common and unpleasant effect of opioid treatment.



**About 40%-80%** of patients receiving opioid therapy for chronic non-cancer pain report developing OIC.

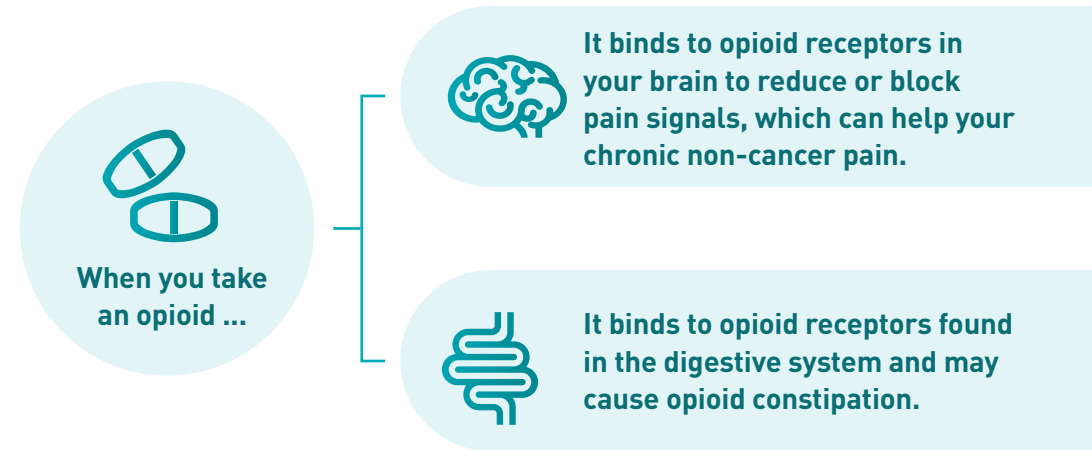
## The most common OIC symptoms include

- Going less often
- Pushing harder (straining more)
- Not going all the way
- Passing harder stools

## Do not take SYMPROIC if you:

- have a bowel blockage (intestinal obstruction) or have a history of bowel blockage.
- are allergic to SYMPROIC or any of the ingredients in SYMPROIC. See the end of this Medication Guide for a complete list of ingredients in SYMPROIC. Tell your healthcare provider or pharmacist before you start or stop any medicines during treatment with SYMPROIC.

# How do opioids cause constipation?



**Opioid constipation is different from other types of constipation. Therefore, opioid constipation may last as long as you are on your opioid therapy.\***

\*Discontinue Symproic if treatment with opioid pain medication is discontinued.

## Laxatives do not treat the underlying cause of OIC

Different types of over-the-counter (OTC) laxatives may help temporarily relieve constipation in some people. They work by

Coating your intestines to support movement	Stimulating your bowel to move things along	Pulling water into your bowels
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**However, OTC laxatives may not be enough to treat OIC, especially long term.**

**Please see Medication Guide on pages 10-11.  
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# Why Symproic®?

 **Symproic®**  
(naldemedine) tablets  
0.2mg



**Symproic may help you go<sup>\*,†</sup>**



**More often**

Bowel movements occur more frequently



**More completely**

Bowel movements feel complete



**Without straining**

Bowel movements are easier to pass

<sup>\*</sup>Results from clinical studies compared with placebo (sugar pill).

<sup>†</sup>Individual results may vary.

## Symproic is a recommended OIC therapy

Symproic is the only OIC therapy with both a **strong recommendation** and **high quality of evidence** from the American Gastroenterological Association.

**Before you take SYMPROIC, tell your healthcare provider about all of your medical conditions, including if you:**

- have any stomach or bowel (intestines) problems, including stomach ulcer, Crohn's disease, diverticulitis, cancer of the stomach or bowel, or Ogilvie's syndrome.
- have liver problems.
- are pregnant or plan to become pregnant. Taking SYMPROIC during pregnancy may cause opioid withdrawal symptoms in your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with SYMPROIC.

## What are the side effects of Symproic?

**In clinical trials, the most common side effects in patients taking Symproic included:**

- Stomach pain/Abdominal pain
- Nausea
- Diarrhea
- Vomiting (gastroenteritis)

These are not all the possible side effects of Symproic. In clinical studies, up to 3% of patients who took Symproic (and up to 1% of patients who took a placebo/sugar pill) experienced side effects consistent with opioid withdrawal. Tell your healthcare provider if you have any side effects that bother you or that do not go away.

**Please see Medication Guide on pages 10-11.  
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# Symproic<sup>®</sup> fits easily into your schedule

Taking Symproic won't require you to adjust mealtimes or stop taking laxatives.

 **Symproic<sup>®</sup>**  
(naldemedine) tablets  
0.2 mg



## Once daily

Take Symproic as prescribed by your doctor (once every day), not only when you feel constipated.



## Any time

Take Symproic any time of the day. Choose a time that works best for you and stay with it.



## With or without food

Take Symproic before, during, or after a meal. It's totally up to you.



## With or without laxatives

Take Symproic with or without laxatives. It's proven to be safe either way.

### Always remember to ...

- Stop taking Symproic when you stop taking your opioid pain medicine
- Talk to your doctor before you stop taking Symproic

### Before you take SYMPROIC, tell your healthcare provider about all of your medical conditions, including if you: *(cont)*

- are breastfeeding or plan to breastfeed. It is not known if SYMPROIC passes into your breast milk. You should not breastfeed during treatment with SYMPROIC and for 3 days after your last dose. Taking SYMPROIC while you are breastfeeding may cause opioid withdrawal symptoms in your baby. You and your healthcare provider should decide if you will take SYMPROIC or breastfeed. You should not do both.

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Other medicines may affect the way SYMPROIC works.

### How should I take SYMPROIC?

- Take SYMPROIC exactly as your healthcare provider tells you to take it.
- Take your prescribed dose of SYMPROIC 1 time each day.
- SYMPROIC can be taken with or without food.
- SYMPROIC has been shown to be effective in people who have taken opioid pain medicines for at least 4 weeks.
- Tell your healthcare provider if you stop taking your opioid pain medicine. If you stop taking your opioid pain medicine, you should also stop taking SYMPROIC.

**Please see Medication Guide on pages 10-11.**  
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# Talk to your doctor

You don't have to suffer in silence.

Pay as little as \$0\*  
for Symproic®

 **Symproic**<sup>®</sup>  
(naldemedine) tablets  
0.2 mg

OIC is different from other forms of constipation and may require a treatment that blocks the effects opioids have on the gut. Talk to your doctor about how Symproic may be the right treatment for your opioid constipation.

Since starting your opioid treatment, about how often do you have bowel movements?

Daily

Every  
other day

Every  
few days

Once a week  
or less

How often do you need to use an OTC laxative to help you have a bowel movement?

Always

Most of  
the time

About half  
of the time

Never

How often do you physically strain to have a bowel movement?

Daily

Every  
other day

Every  
few days

Once a week  
or less

How often do you have a bowel movement that feels incomplete?

Every  
time I go

Most of  
the time

About half  
of the time

Sometimes

Never



Download the full **Doctor Discussion Guide** at [Symproic.com](https://www.symproic.com) for a complete list of topics and questions to bring up at your next appointment.

Symproic is dedicated to providing you access to the medication you need.

The cost of taking OTC laxatives long-term can really add up! You may be able to save and keep saving with the Symproic Savings Card.

## Saving on Symproic is easy

(eligibility requirements apply\*)



**Visit [Symproic.com](https://www.symproic.com)**

to download your savings  
card anytime



**Present the Savings Card**

to your pharmacist with your  
Symproic prescription



**Questions?**

**Call 1-844-SYMPROIC,**

9 AM–5 PM EST, Monday through Friday.

\*Maximum savings limit applies; patient out-of-pocket expense may vary.

†To find out if you're eligible, visit [Symproic.com/Symproic-savings-program](https://www.symproic.com/Symproic-savings-program).

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**What is the most important information I should know about SYMPROIC?**

**SYMPROIC may cause serious side effects, including:**

- **Tear in your stomach or intestinal wall (perforation).** Stomach pain that is severe can be a sign of a serious medical condition. If you get stomach pain that does not go away, stop taking SYMPROIC and get emergency medical help right away.
- **Opioid withdrawal.** You may have symptoms of opioid withdrawal during treatment with SYMPROIC including sweating, chills, tearing, warm or hot feeling to your face (flush), sneezing, fever, feeling cold, abdominal pain, diarrhea, nausea, and vomiting. Tell your healthcare provider if you have any of these symptoms.

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**What are the possible side effects of SYMPROIC?**

See **"What is the most important information I should know about SYMPROIC?"** The **most common side effects of SYMPROIC include** stomach (abdomen) pain, diarrhea, nausea and vomiting (gastroenteritis).

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of SYMPROIC. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store SYMPROIC?**

- Store SYMPROIC at room temperature between 68°F to 77°F (20°C to 25°C).
- Keep SYMPROIC in the bottle that it comes in.

**Keep SYMPROIC and all medicines out of the reach of children.**

**General information about the safe and effective use of SYMPROIC.**

Medicines are sometimes prescribed for purposes other than those in a Medication Guide. Do not take SYMPROIC for a condition for which it was not prescribed. Do not give SYMPROIC to other people, even if they have the same symptoms that you have. It may harm them. You can ask your pharmacist or healthcare provider for information about SYMPROIC that is written for health professionals.

**What are the ingredients in SYMPROIC?**

**Active Ingredient:** naldemedine tosylate

**Inactive ingredients:** D-mannitol, croscarmellose sodium, magnesium stearate, hypromellose, talc, and yellow ferric oxide.

Manufactured for: BioDelivery Sciences International, Inc. Raleigh, NC 27612

**Please see full Prescribing Information and Medication Guide in pocket.**

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Bowel movements  
occur more frequently



## More completely

Bowel movements  
feel complete



## Without straining

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are easier to pass

Visit [Symproic.com](https://www.symproic.com) for savings,  
resources, and more!



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