

IF YOU'RE TAKING OPIOIDS FOR  
CHRONIC NON-CANCER PAIN

# DON'T STOP FOR CONSTIPATION

## GO WITH SYMPROIC®

### What is SYMPROIC®?

SYMPROIC® (naldemedine) is a prescription medicine used to treat constipation that is caused by prescription pain medicines called opioids, in adults with long-lasting (chronic) pain that is not caused by active cancer.

**Please see safety information on pages 10-11.  
Please see full Prescribing Information and  
Medication Guide in pocket.**

 **Symproic®**  
(naldemedine) tablets  
0.2 mg

**GO WITH IT**



# IT'S CALLED OPIOID-INDUCED CONSTIPATION (OIC)

Up to half of patients who are taking opioids for their chronic non-cancer pain report having OIC.

OIC is **different from regular constipation** and may last for as long as you take opioids. Continue to have open and honest conversations with your healthcare provider about your symptoms of OIC.

**Before you take SYMPROIC<sup>®</sup>, tell your healthcare provider about all your medical conditions, including if you:**

- have any stomach or bowel (intestines) problems, including stomach ulcer, Crohn's disease, diverticulitis, cancer of the stomach or bowel, or Ogilvie's syndrome.
- have liver problems.
- are pregnant or plan to become pregnant. Taking SYMPROIC<sup>®</sup> during pregnancy may cause opioid withdrawal symptoms in your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with SYMPROIC<sup>®</sup>.
- are breastfeeding or plan to breastfeed. It is not known if SYMPROIC<sup>®</sup> passes into your breast milk. You should not breastfeed during treatment with SYMPROIC<sup>®</sup> and for 3 days after your last dose. Taking SYMPROIC<sup>®</sup> while you are breastfeeding may cause opioid withdrawal symptoms in your baby. You and your healthcare provider should decide if you will take SYMPROIC<sup>®</sup> or breastfeed. You should not do both.

## YOU'RE NOT ALONE

Many people who take opioids have OIC.

What happens when you take opioids?



Opioids bind to receptors in your brain and other parts of the nervous system to reduce or block pain signals, which can help your chronic non-cancer pain ...



... but those same receptors can be found in your gut or digestive tract, too, which may cause constipation

**Tell your healthcare provider if you stop taking your opioid pain medicine. If you stop taking your opioid pain medicine, you should also stop taking SYMPROIC<sup>®</sup>.**

**The most common side effects of SYMPROIC<sup>®</sup> include** stomach (abdomen) pain, diarrhea, nausea and vomiting (gastroenteritis).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

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## **SYMPROIC® may have been prescribed for you after starting opioids for chronic non-cancer pain because**



### **SYMPTOMS**

**Your bowel movements have changed.** You may have any of the following symptoms:

- Going less often
- Pushing harder (straining more)
- Not going all the way
- Passing harder stools



### **TREATMENTS**

**You tried over-the-counter laxatives, but you may still have constipation.**



### **Do not take SYMPROIC® if you:**

- have a bowel blockage (intestinal obstruction) or have a history of bowel blockage.
- are allergic to SYMPROIC® or any of the ingredients in SYMPROIC®. Tell your healthcare provider or pharmacist before you start or stop any medicines during treatment with SYMPROIC®.

# **SYMPROIC<sup>®</sup> CAN HELP IMPROVE OIC SYMPTOMS**

SYMPROIC<sup>®</sup> helps address the cause of OIC. It blocks the effects of opioids in your gut, giving your bowel a chance to work.

Clinical studies in patients with chronic non-cancer pain have shown **SYMPROIC<sup>®</sup> can help with OIC symptoms.**\*,†

**SYMPROIC<sup>®</sup> may help you go:**



## **MORE OFTEN**

Bowel movements occur more frequently



## **MORE COMPLETELY**

Bowel movements feel complete



## **WITHOUT STRAINING**

Bowel movements are easier to pass

\*Results from clinical studies compared with placebo (sugar pill).

†Individual results may vary.

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# WHAT ABOUT SIDE EFFECTS?

- In clinical studies, the most common side effects in patients taking SYMPROIC® included stomach (abdomen) pain, diarrhea, nausea, and vomiting (gastroenteritis)
- In clinical studies, up to 3% of patients who took SYMPROIC® and up to 1% of patients who took a placebo (sugar pill) experienced side effects consistent with opioid withdrawal
- These are not all the possible side effects of SYMPROIC®. Tell your healthcare provider if you have any side effects that bother you or that do not go away

## **Before you take SYMPROIC®, tell your healthcare provider about all your medical conditions, including if you:**

- have any stomach or bowel (intestines) problems, including stomach ulcer, Crohn's disease, diverticulitis, cancer of the stomach or bowel, or Ogilvie's syndrome.
- have liver problems.
- are pregnant or plan to become pregnant. Taking SYMPROIC® during pregnancy may cause opioid withdrawal symptoms in your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with SYMPROIC®.
- are breastfeeding or plan to breastfeed. It is not known if SYMPROIC® passes into your breast milk. You should not breastfeed during treatment with SYMPROIC® and for 3 days after your last dose. Taking SYMPROIC® while you are breastfeeding may cause opioid withdrawal symptoms in your baby. You and your healthcare provider should decide if you will take SYMPROIC® or breastfeed. You should not do both.

# GET THE MOST OUT OF YOUR TREATMENT



Take SYMPROIC<sup>®</sup> once a day, as directed by your healthcare provider, not just when you feel constipated.



Take SYMPROIC<sup>®</sup> any time of the day. Find a time that works for you and stay with it.



You can take SYMPROIC<sup>®</sup> with or without food. It's up to you.



You can take SYMPROIC<sup>®</sup> with or without laxatives.



Stop taking SYMPROIC<sup>®</sup> when you stop taking your opioid pain medicine.



Be sure to talk to your healthcare provider before you stop taking SYMPROIC<sup>®</sup>.

## Do not take SYMPROIC<sup>®</sup> if you:

- have a bowel blockage (intestinal obstruction) or have a history of bowel blockage.
- are allergic to SYMPROIC<sup>®</sup> or any of the ingredients in SYMPROIC<sup>®</sup>. Tell your healthcare provider or pharmacist before you start or stop any medicines during treatment with SYMPROIC<sup>®</sup>.

# AT YOUR NEXT VISIT



**Be sure OIC treatment is discussed at each appointment.** Even though it can be hard to talk about, it is important that your healthcare provider knows how you are feeling on treatment. If your healthcare provider doesn't bring it up, make sure you do.



**Stay focused.** Make sure you address the most important topics or questions about OIC and SYMPROIC®. Be direct and make a note of the answer.



**Be sure you understand what your healthcare provider is saying.** You can repeat it back to them by saying, "What I understand you are saying is..." and by asking, "Is this correct?" If you are unsure, have him or her write it down.



**Be honest.** If you are considering stopping your opioid pain medication or SYMPROIC®, speak to your healthcare provider first.



# SAFETY INFORMATION

## **SYMPROIC® (SIM PROE' IK)**

(naldemedine) tablets, for oral use

**What is the most important information I should know about SYMPROIC®?**

**SYMPROIC® may cause serious side effects, including:**

- **Tear in your stomach or intestinal wall (perforation).** Stomach pain that is severe can be a sign of a serious medical condition. If you get stomach pain that does not go away, stop taking SYMPROIC® and get emergency medical help right away.
- **Opioid withdrawal.** You may have symptoms of opioid withdrawal during treatment with SYMPROIC® including sweating, chills, tearing, warm or hot feeling to your face (flush), sneezing, fever, feeling cold, abdominal pain, diarrhea, nausea, and vomiting. Tell your healthcare provider if you have any of these symptoms.

**What is SYMPROIC®?**

SYMPROIC® is a prescription medicine used to treat constipation that is caused by prescription pain medicines called opioids, in adults with long-lasting (chronic) pain that is not caused by active cancer.

It is not known if SYMPROIC® is safe and effective in children.

**Do not take SYMPROIC® if you:**

- have a bowel blockage (intestinal obstruction) or have a history of bowel blockage.
- are allergic to SYMPROIC® or any of the ingredients in SYMPROIC®. See the end of this Medication Guide for a complete list of ingredients in SYMPROIC®. Tell your healthcare provider or pharmacist before you start or stop any medicines during treatment with SYMPROIC®.

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**Before you take SYMPROIC®, tell your healthcare provider about all your medical conditions, including if you:**

- have any stomach or bowel (intestines) problems, including stomach ulcer, Crohn's disease, diverticulitis, cancer of the stomach or bowel, or Ogilvie's syndrome.
- have liver problems.
- are pregnant or plan to become pregnant. Taking SYMPROIC® during pregnancy may cause opioid withdrawal symptoms in your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with SYMPROIC®.
- are breastfeeding or plan to breastfeed. It is not known if SYMPROIC® passes into your breast milk. You should not breastfeed during treatment with SYMPROIC® and for 3 days after your last dose. Taking SYMPROIC® while you are breastfeeding may cause opioid withdrawal symptoms in your baby. You and your healthcare provider should decide if you will take SYMPROIC® or breastfeed. You should not do both.

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. Other medicines may affect the way SYMPROIC® works.

**Tell your healthcare provider if you stop taking your opioid pain medicine. If you stop taking your opioid pain medicine, you should also stop taking SYMPROIC®.**

**The most common side effects of SYMPROIC® include** stomach (abdomen) pain, diarrhea, nausea and vomiting (gastroenteritis).

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of SYMPROIC®. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

# YOUR NEXT MOVE MATTERS

If you're dealing with chronic pain not caused by active cancer and have OIC, SYMPROIC® may help you go\*<sup>†</sup>:

## MORE OFTEN



Bowel movements occur more frequently

## MORE COMPLETELY



Bowel movements feel complete

## WITHOUT STRAINING



Bowel movements are easier to pass

Visit [SYMPROIC.com](https://www.symproic.com) to save on your next prescription.<sup>‡</sup>

1-844-SYMPROIC

\*Results from clinical studies compared with placebo (sugar pill).

<sup>†</sup>Individual results may vary.

<sup>‡</sup>Restrictions apply.

## What is the most important information I should know about SYMPROIC®?

### SYMPROIC® may cause serious side effects, including:

- **Tear in your stomach or intestinal wall (perforation).** Stomach pain that is severe can be a sign of a serious medical condition. If you get stomach pain that does not go away, stop taking SYMPROIC® and get emergency medical help right away.
- **Opioid withdrawal.** You may have symptoms of opioid withdrawal during treatment with SYMPROIC® including sweating, chills, tearing, warm or hot feeling to your face (flush), sneezing, fever, feeling cold, abdominal pain, diarrhea, nausea, and vomiting. Tell your healthcare provider if you have any of these symptoms.

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0.2mg

GO WITH IT